

IDENTITY DISCUSSION QUESTIONS*

Do you know the meaning behind your name and/or its origins?

How have your family and friends shaped your identity?

Does media play an impact into your identity or the way that you identify yourself?

Because of your identity, have you ever felt like there were obstacles or people trying to keep you from pursuing certain goals?

Have people ever reacted negatively to the way that you've identified or expressed yourself? Do you know someone who's experienced that?

James Baldwin wrote that we carry our history with us; we are our history. So, if we carry our history with us, what is it that we're carrying and how does that speak on your identity?

Do you feel history repeats itself or do you feel that it parallels? Or not at all?

Our many identities are part of the whole you: one part alone does not define who you are. Do you agree with this statement? Why or why not?

Do others identify you in the same ways you identify yourself? In what ways do others "see" you differently than you "see" yourself?

****All of these questions are inspired by the book, This Book Is Anti-Racist: 20 Lessons on How to Wake Up, Take Action, and Do the Work" by Tiffany Jewell***